



ATLANTA DIVING ASSOCIATION
 2935 Grange Hill Way
 Cumming, GA 30041
 (770) 844-7710
 www.atlantadiving.com

PRACTICES FOR THE 2023-2024 SEASON

GA TECH
NIGHTS

TIMES

Lesson Group:	
Mon/Wed. (Beg/Int/Adv)	4:30 – 5:30pm
Mon/Wed. (Intermediate/Advanced)	5:30 – 6:30pm
Mon/Wed. (Intermediate/Advanced)	6:30 – 7:30pm
Tues/Thurs (Beg/Int/Adv)	4:30 – 5:30pm
Tues/Thurs (Intermediate/High School)	5:30 – 6:30pm
Tues/Thurs (Intermediate/High School)	6:30 – 7:30pm
Saturday Only (Lesson)	10:00-11:00am
Saturday Only (High School)	11:00-12:00pm

2023-2024 LESSON SESSION DATES:

Session #1:	September 4 --October 1
Session #2:	October 2 -- October 29
Session #3:	October 30 -- November 26
Session #4:	November 27--December 24
<i>Holiday Break: December 25 – January 1</i>	
Session #5:	January 2 -- January 28
Session #6:	January 29 -- February 25
Session #7:	February 26 -- March 24
Session #8:	March 25 --- April 21
Session #9:	April 22 --- May 19

Summer session will start May 28, 2024

MARIST
NIGHTS

TIMES

Monday (Lesson)	6:00 – 7:00pm *
Wednesday (Lesson)	6:00 – 7:00pm *
Monday (High School)	7:00 – 8:00pm
Monday (High School)	8:00 – 9:00pm
Wednesday (High School)	7:00 – 8:00pm
Wednesday (High School)	8:00 – 9:00pm

CUMMING
NIGHTS

TIMES

Wednesday (Lesson)	7:00 – 8:00pm
Sunday (Lesson)	1:30 – 2:30pm
Wednesday (High School)	8:00 – 9:00pm
Sunday (High School)	12:30 – 1:30pm

*Lesson practices will not start at Marist until Feb/March of 2024 due to pool availability.

ALL JO, SILVER, AND GOLD PRACTICES WILL BE AT GA TECH

JO Group:	Monday/Wednesday	4:30 – 6:00pm
John's Group:	Monday/Wednesday Thursday	5:00 – 7:00pm 5:00 – 7:00pm
Silver Group :	Tuesday/Thursday Saturday	5:30 – 7:30pm 11:00 – 1:00pm
Elite (Gold) Group:	Monday Tuesday Wednesday Thursday Saturday	5:00 – 7:45pm 5:00 – 7:45pm 5:00 – 7:45pm 5:00 – 7:45pm 10:30 – 1:00pm